

## Southwest Valley Lunch Menu December 2024

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Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
Crispitos	Breaded Chicken Sandwich	Spaghetti	Salisbury Steak	Breaded Loin Sandwich
Corn	Curly Fries	Green Beans	Mashed Potatoes	Baked Beans
Fruit	Tomatoes	Carrot Sticks	Broccoli	Tomatoes
Fresh Fruit	Pickles & Onions	Bread Stick	Pasta Salad	Pickles & Onions
Lettuce	Fruit	Fruit	Fruit	Fruit
Milk	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
IVIIIK	Lettuce	Lettuce	Lettuce	Lettuce
		Milk		
	Milk	IVIIIK	Milk	Milk
9	10	11	12	13
Lasagna Casserole	Taco	Beef Burger	Chicken Nuggets	Hamburger
		Hashbrown	Mashed Potatoes	French Fries
Green Beans	Refried Beans	Pickles & Onions		Tomatoes
Breadstick	Corn		Spinach	
Lettuce Salad	Tomatoes & Onions	Fruit	Carrot Sticks	Pickles & Onions
Fruit	Fruit	Fresh Fruit	Fruit	Fruit
	Fresh Fruit	Lettuce	Fresh Fruit	Fresh Fruit
Milk		Milk	Lettuce	Lettuce
	Lettuce		Milk	Milk
	Milk			
16	17	18	19	20
Cook's Choice!!	Chicken Strips	Spaghetti	Mandarin Orange Chicken	
COOK & CHOICE::	Mashed Potatoes	Green Beans	Seasoned Rice	Tator Tots
	Roll	Italian Bean Salad	Broccoli	Tomatoes
	Fruit	Bread Stick	Carrot Sticks	Pickles & Onions
	Fresh Fruit	Fruit	Fruit	Fruit
	Lettuce	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Milk	Lettuce	Lettuce	Lettuce
		Milk	Milk	Milk
23	24	25	26	27
No School!!	No School!!	No School!!	No School!!	No School!!
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This Institution is an			·	
Equal Opportunity	# 1 x 3 4			
Provider and Employer.	1 5 12			
Menu Subject to	19/2			
Change!				



## Southwest Valley Breakfast Menu December 2024

Mon	Tue	Wed	Thu	Fri
2	3	/ Wed	5	6
French Toast Sticks with Syrup or Toast Whole Grain Cereal 100% Juice Fruit Milk	Sausage Gravy on Biscuit or Toast Whole Grain Cereal	Breakfast Sandwich or Toast Whole Grain Cereal 100% Juice Fruit Milk	Breakfast Pizza or Toast Whole Grain Cereal 100% Juice Fruit Milk	Frosted Cinnamon Roll, Yogurt, or Toast Whole Grain Cereal 100% Juice Fruit Milk
9 Cheddar Omelet Whole Grain Cereal 100% Juice Fruit Milk	10 Pancake on Stick with Syrup or Toast Whole Grain Cereal 100% Juice Fruit Milk	11 Breakfast Sandwich or Toast Whole Grain Cereal 100% Juice Fruit Milk	12 Breakfast Pizza or Toast Whole Grain Cereal 100% Juice Fruit Milk	13 Toast Whole Grain Cereal 100% Juice Fruit <sub>Milk</sub>
16 Cook's Choice!!	17 Sausage Gravy on Biscuit or Toast Whole Grain Cereal 100% Juice Fruit Milk	18 Breakfast Sandwich or Toast Whole Grain Cereal 100% Juice Fruit Milk	19 Breakfast Pizza or Toast Whole Grain Cereal 100% Juice Fruit Milk	<b>20</b> Dutch Waffle , or Toast Whole Grain Cereal 100% Juice Fruit Milk
No School!!	No School!!	No School!!	No School!!	No School!!
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Menu Subject to Change!				