

# Local Wellness Policy Progress Report

**School Name: Villisca Schools**

**Wellness Policy Contact: Darcy Dalton-school nurse**

**Date Completed: 8/22/24**

This tool is to document progress in meeting the goals written in the district’s wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the “Contact Person” column identify the individual who can report on the goals’ progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

## Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. EXAMPLE: <i>Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.</i>	Cindy Smith (Curriculum Director)	x			Nutrition education is part of the science curriculum in each grade level.	Explore additional lessons and activities that incorporate nutrition education into math, reading and social studies.
2. My Plate	Darcy	X			MS health classes and Enarson health times	Organize student group to help with posters etc
3.						

## Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. PE	Arlin	X			PE minutes align with requirements.	
2. Recess	Admin	X			Recess times align with requirements	Work on having all grades at Enarson have recess before

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						lunch.

### Other School Based Activities Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Go Noodle for Enarson	Teachers	X			Teachers utilize Go Noodle for extra physical activity breaks.	
2. Healthiest Walk	ALL	X			Plan to participate in the walk in October.	Post on Facebook to invite parents and other community members.

### Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

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1. USDA School Nutrition Guidelines	Abby	X			We follow all USDA guidelines for meals and snacks.	
2.						

### Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.)

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1.						
2.						

### **Policies for Food and Beverage Marketing**

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1. Smart Snack Guidelines	Abby/Admin	X			We follow all Smart Snack guidelines.	
2.						

**This institution is an equal opportunity provider.**